

SATURDAY AUGUST 28 2010

9.30 a.m.

**WELCOME EVENTS
PRESENTS THE
FIRST EVER....**

EVER5DEN

**MULTI-TERRAIN
RUNNING RACE**

**M
I
L
E**

**BIG PRIZE LIST
OVERALL / AGE
CATEGORIES /
SPOT PRIZES**

**Enjoy the beautiful views from the Mare Way
and the undulating woodland near Wimpole Hall
on this scenic and challenging course.**

See www.welcomewords.blog.com for more details.



Huttie support efficient healthy running for your races
and for your electric, plumbing, and air conditioning. 01223 292295

EVERSDEN 5 ENTRY FORM A.R.C. PERMIT NO. 10/187 (ENTRY INCLUDES £1 DONATION TO EVERSDEN CRICKET CLUB)

Full name _____

Sex M/F _____ Age on race day _____

Email _____

Postal address _____

Contact 'phone number _____

Club Member? Y/N _____ Club _____

I declare that I will abide by the laws and rules of the Association of Running Clubs. and I accept that the organisers will not be liable for any loss, damage, action, claim, costs or expenses which may arise in consequence of my participation in this event. I declare that I will not complete in this race unless I am in good health on the day of the race and that, in any event, I will only complete at my own risk. I am aware that this race is run on a variety of terrains and involves passing areas where there are hazards such as uneven terrain and fallen tree trunks.

Signed..... Date.....

Please send with cheque for £6 (affiliated club members)/£8 (unaffiliated) payable to 'Welcome Events' c/o 15 High Ditch Road, Fen Ditton, Cambridge CB5 8TE